



# St. Mary's Catholic School



## Leafs Offer an Educational Opportunity for Our Students

From Mr. Devenish's Class . . .

On Tuesday, October 11, 2011, many students from St. Mary's went to watch the Toronto Maple Leafs practice at the RCAF Arena. Students were allowed to go because it was an educational, once in a lifetime, chance.

During this trip, students learned the importance of being healthy and active. They also learned the impact something like this has on a city or community. Every Toronto Maple Leaf fan in the Quinte West Area was out on their feet, with many other family, friends and loved ones to watch this incredible event. The amount of people at the game showed us that the fans obviously idolize this team and strive to be like them.

Students got to spend some of their day watching how much effort, time and work the Leafs put into each of their practices. They were amazing with teamwork and strategy, also with good sportsmanship.

### Important Dates:

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- \* November 9: School Mass / Parent Council Meeting.
- \* November 10: Progress Reports Sent Home
- \* November 14-18: Bullying Awareness and Prevention Week
- \* November 17: Parent/ Teacher Interviews.
- \* November 25: P.A. Day
- \* November 30: Terrific Kids



ALCDSB

# November Newsletter

## Ninja math returns !!



As the Mission Impossible music played and the 'ninja' students from Mrs. Malone's Grade 5/6 class ran from class to class with math problems, the whole school community from Kindergarten to Grade 8 worked on rich engaging math tasks.

Ninja Math began last year during Education Week and was so well received that we decided to make it a monthly event at St. Mary.

The Ninjas bring math problems at each grades ability level and the answers are displayed on the wall outside the gym.

According to Eli Shannon's Mathematical Words of Wisdom . . . "Getting the answer right in math is not necessarily the most important part! It is the thinking and showing our thinking that matters."

## Celebrating Our Terrific Kids

Most ice skating injuries are the result of a fall. And the face and head are the most commonly injured parts. A hockey helmet is the only approved helmet for falls on ice surfaces.



So, *If you've got blades...* join us for a **FREE** public skate at the *Wally Dever Arena* on Fri., Nov. 25<sup>th</sup>, 2011 from 1:30 p.m. - 3:00 p.m. And remember... ***Wear a helmet!***



The students gathered to celebrate the students who best exemplified the virtue of the month, empathy. Empathy means to understand and relate to the feelings of others. Thanks to the Kente Kiwanis Club for offering this wonderful program and for supporting our students.

Congratulations to Josh Boudreau, Evan McLaughlin, Carter Nicholson, Lilly Farrell, Lauren Blair, Owen O'Donnell, Lauren Mitten, Jose Garcia Castillo, Justin Chapple, Ian Hoy, Aaliyah Davis, Alyssa Murray, Scott Wenzowski, and Megan Vance.

## Scholastic Book fair

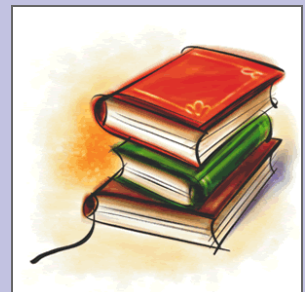
The Scholastic Book Fair is fast approaching once again. Starting Tuesday, November 15-Friday, November 18th there will be a lot of exciting books to choose from. A flyer will be sent home the week before the event with more details.

You can send students with money for them to purchase books during school hours or come to the Parent / Teacher interviews, as the Fair will be open from 2:30—8:00 p.m.

The money raised at the Book Fair is used to

purchase books for students. This year our focus in book purchases will be Junior / Intermediate level classes.

Thank for your support.



## Flu & cold season is here.

### Prevent the spread by:

- \* Frequent handwashing.
- \* Coughing/sneezing into a sleeve instead of the air.
- \* Keep sick children at home.
- \* Consider the flu vaccine.



## REMEMBRANCE DAY

Our school will honour our Veterans and pray for peace on Friday, November 11th, **Remembrance Day**. Master Corporal Jason Poulin will address our assembly starting at 10:30 in the Gym. Parents and grandparents are welcome to attend. Students are asked to bring a donation for a poppy.

## Triple P Positive Parenting Program

Triple P promotes positive, caring relationships between parents and their children.

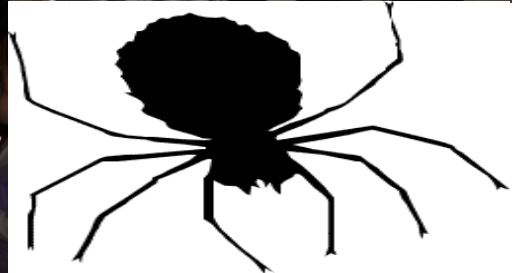
Triple P builds on your strengths and knowledge as a parent.

For more information on the Triple P program in your area, please call the Child Health CARELine at 613-966-5513 ext. 223 or toll-free 1-800-267-2803 ext. 223.



The Trenton Ghosts and Goblins came out to play at St. Mary's . . .

# MONSTER MASH BASH



## MORNING BREAKFAST PROGRAM AT ST. MARY'S CATHOLIC SCHOOL

Article By : Zoey Bahen from Ms. Hoddino's Class

When the clock hits 7:30 a.m. at St. Mary's Catholic School, Mrs. Connor starts preparing the food for the morning Breakfast Program. The Breakfast Program is an opportunity for children of all ages to eat before going to class. The program has made a big difference in our school; giving the children the chance to wake up a bit because we are an early start school (8:05 on the dot).

Our Breakfast Program starts at 7:50 and students have fifteen minutes to eat. On Monday, Wednesday and Friday, hot or cold cereal, yogurt, fresh fruit and juice or milk are served. On Tuesday and Thursday, whole wheat toast, cheese, fresh fruit and juice or milk are served. These foods are part of the rules for "food for learning" and the Public Health Unit.

What is food for learning? Food for learning is a local umbrella agency that collects funds and coordinates money and then hands it out to schools in the area. They also arrange the donations that our school gets from businesses. This program isn't always run by Mrs. Connor alone. Teachers, Educational Assistants and parent volunteers help with the program too because it runs five days a week throughout the school year. That's 194 days!!!! That's a lot of work!!!!

Now that you know some more about St. Mary's morning Breakfast program, you might consider helping out or putting your child into it. I'm glad to see so much care and commitment in my school community and I'm so glad to see this Breakfast program is so successful.

**Attention Students in Gr. 7 –10!**

**ONTARIO FREE ONLINE MATH  
TUTORING!!**

Homework Helpline is available at  
[www.Ontario.ca/Homeworkhelp](http://www.Ontario.ca/Homeworkhelp).

Real-time math tutoring is available, online,  
5 days a week—Sun.-Thurs. from 5:30-9:30 p.m.

### Parish News From St. Peter's

**Confirmation parent/guardian meeting:** Tuesday, November 22, 6:45-7:45pm (doors open at 6:30pm). St. Peter School gym.

**School Confessions:** St. Mary CES: Thursday, November 24(morning)

**First Confession/First Communion parent/guardian meeting:** Thursday, November 24, 6:45-7:45pm (doors open at 6:30pm). St. Peter School gym.

# NEWS FROM YOUR PARENT COUNCIL . . .

## Committees and Co-ordinators:

*Milk Program: Suzanne McMahan*

*Chocolate Bar fundraiser: Kerri Martin & Nancy Parsons*

*Santa Claus Parade: Rebecca Oakes*

*Holiday Gift Shop: Suzanne McMahan*

*Newsletter: Athena McGeorge*

*Playground & Schoolyard Upgrade: Chris Toth*

*Volunteer Co-ordinator: Rebecca Oakes & Kim Norman*

*Fun Day: Michelle Aho*

*Popcorn: To Be Determined*

*Healthy Active: Rebecca Oakes*



On Thursday, October 20th, **Big Kid Entertainment**, from Toronto, visited St. Mary Catholic School. The fairy tale of *Rapunzel* was the background for the message: to be proud of yourself and

to be a good friend.

This educational program was offered to students from Grade One to Grade Eight and supports the classroom curriculum. It offered a

**Our Fundraiser  
has reached over  
\$7000 so far!!!!!!**



**Chocolates are still available  
for sale!**

### **Gingerbread Shop**—Week of December 5th-9th.

The library will be used for the week to allow for children to spend time shopping for their family, friends, teachers etc. Those wishing to be an elf and help volunteer during the day are asked to contact Suzanne McMahan.

### **Santa Claus Float**—Sunday, November 27th.

The theme is Arabian Night. All those wishing to help volunteer are asked to contact Rebecca Oakes. All those 7 & 8's wishing to partake in the parade are asked to let Rebecca know. **Donations** for white string lights (labeled with name) are being asked for as well as adult sized umbrella's (that will be returned).

**Remember that ALL parents are invited and welcome to attend Parent Advisory Meetings.**

*Big Kid Entertainment*

*Bring Anti-Bullying Message*

clear anti-bullying message presented with humour and interactive activities. Follow-up classroom visits by the three actors allowed students to share anti-bullying strategies.